FOLLOW YOUR DREAMS

Adelaide Convention Centre, SA Sunday 11th - Saturday 17th January 2026

follow your MCANS competitions

www.fydentry.com



The below timetable is an overview only and subject to change depending on entries. We recommend planning to arrive at least one day before and departing one day after to allow for minor adjustments in the schedule

JUNIOR age groups: 5/U, 7/U, 9/U, 11/U | SENIOR age groups: 13/U, 15/U, Open, Adult, Masters

SUN 11th JANUARY Junior Registration & Workshops

Junior Champion Dancer VIP night

MON 12th JANUARY Junior Solos

TUES 13th JANUARYJunior Solos and Duos & Trios

Singing Nationals

WED 14th JANUARYJunior Troupe day

Junior Gala evening

Junior Champion Dancer opening number, National Champion Dancer handover performances, Top 3 Champion Dancer play-offs, Top 3 scoring junior duo/trios play-off, Top 10 soloists and Highest Scoring

Soloist in each age junior group, Judge's awards, Junior troupe showdown

Senior Registration & Workshops Senior Champion Dancer VIP night

THURS 15th JANUARY Senior Solos

FRI 16th JANUARY Senior Solos and Duos & Trios

SAT 17th JANUARY Senior Troupe day

Senior Gala evening

Senior Champion Dancer opening number, National Champion Dancer handover performances, Top 3 Champion Dancer play-offs, Top 3 scoring senior duo/trios play-off, Top 10 soloists and Highest Scoring Soloist in each senior age group, Judge's awards, Senior troupe showdown

FOLLOW YOUR DREAMS



ANNIVERSARY SEASON

SPECIAL CELEBRATION

Join us on Saturday 17th January, before the Senior Gala, as we celebrate 30 years of believing and achieving alongside the FYD family.

Further details to be announced soon!



Dancers must qualify at a regional competition with a score of 86 or higher to attend Nationals.

Once qualified at a regional competition, dancers may enter any amount of solos at Nationals.

Age is calculated based on dancer's age on 1st January 2025. Dancers will compete in the same age group as they did during the 2025 regional season.

Solos are \$85 each. All dancers must pay a **\$70 registration fee** which gives free entry to family members for all dance or singing events except Junior and Senior Galas. The registration fee is only paid once per dancer.

Trophies are awarded for 1st - 6th place in solos, ribbons are presented for Honourable Mention and Star awards. 4th place only awarded if over 10 competitors in the section, 5th if over 20 competitors, and 6th only if over 30 competitors.

SOLO SECTIONS

- Jazz
- Jazz No Tricks
- Broadway Jazz / Musical Comedy
- Lyrical
- Lyrical No Tricks
- Dancers Of All Abilities

- Ballet / Classical
- Character
- Neo
- Contemporary
- Song & Dance
- Song & Tap

- Tap (any style)
- Speed Tap
- Slow Tap
- Waltz Tap
- Latin Tap

- Acro
- Funk / Hip Hop
- Open (any style)
- Commercial Heels
- · Own Choreography

SOLO TIME LIMITS

Junior solos (5/U, 7/U, 9/U, 11/U) - 2.5 mins max Senior solos (13/U, 15/U, Open, Adult, Masters) - 3 mins max Song and Dance solos (all ages) - 3 mins max

All section definitions, restrictions, and associated points penalties apply as per regional competitions



Follow Your Dreams National Champion Dancer section is one of the highlights of Nationals

Champion Dancer entrants must attend the workshops and join in the opening number of the gala, with a rehearsal on gala day. Dancers must compete in two solo sections at Nationals to be eligible to enter Champion Dancer. Dancers do not need to have competed in or won a Regional Champion Dancer section to be eligible to enter at Nationals.

Champion Dancer solo can be a repeated solo or a different routine.

All competitors receive a trophy for entering, which is presented at a special VIP night when they draw their number to decide of order the appearance for the play-offs.

Winners of the national title for each age group win an incredible prize package to be announced, including cash and prizes from our sponsors.

Entry to Champion Dancer is \$150

CHAMPION DANCER VIP NIGHTS

11th January (Junior: 5/U - 11/U) and 14th January (Senior: 13/U - Masters). Times TBA.

Dress in party gear ready to meet other Champion Dancers. Draw your order for Champion Dancer play-offs and receive your participation trophy. Food and drinks will be available for purchase.

Families of Champion Dancer competitors are invited attend. There's no cost to attend, but please let us know you are coming by 'purchasing' free tickets at fydentry.com in the store.



All members of duos/trios must have qualified with a solo or duo/trio during the regional season scoring 86 or higher. Dancers who have qualified at a regional competition in 2025 can enter up to 5 duos or trios at Nationals.

Duos and trios are \$95 per item, plus a **\$70 registration fee per person** (if not already paid for solos) which gives free entry to family members for all dance or singing events except Junior and Senior Galas. Each duo or trio only needs to be entered once per item in one fydentry.com account.

Top scoring Junior duo/trios will play-off in the Junior Gala Showdown, with top scoring Senior duo/trios appearing in the Senior Gala.

AGE GROUPS

Junior: 7 years & under, 9 years & under, 12 years & under

Senior: 14 years & under, Open (16 years & over), Adult (21 years & over), Masters (30 years & over)

Individual dancer age is calculated as of 1st January 2025. Duo/trio age group is calculated based on the eldest dancer.

DUO & TRIO SECTIONS

- Jazz
- Broadway Jazz
- Tap
- Lyrical
- Classical
- Neo Classical
- Character
- Contemporary
- Funk/Hip Hop
- Acro
- Open (any style)
- Own Choreography
- · Song & Dance
- · Song & Tap
- Parent and Me (any style)
- Dancers With Special Needs

All Duos and Trios have a time limit of 3 minutes. A two-point deduction will occur if a dance runs over time.



Who will win our National Troupe Champion title?

Once a studio has qualified at a regional competition in 2025 with a score of 86 or higher, up to 15 troupes can be entered at Nationals. They don't need to be the same routines competed at regionals - different groups and items may be entered. (Additional troupe entries may be accepted depending on numbers).

Troupes are \$45 per item. Each dancer must pay the **\$70 registration fee** (if not already paid for solos or duo/ trios) which gives free entry to family members for all dance or singing events except Junior and Senior Galas.

Each studio may enter one Junior and one Senior item into each of our Gala Troupe Showdowns, which can be chosen in advance or on the day based on results. This is your chance to become our National Troupe Champions!

AGE GROUPS

Junior: 5 years & under, 7 years & under, 9 years & under, 12 years & under

Senior: 14 years & under, 16 years & under, Open (17 years & over), Adult (21 years & over), Masters (30 years & over)

Individual dancer age is calculated as of 1st January 2025. Troupe age group is calculated as the average age of all dancers and no more than one age group below that of the eldest dancer/s (i.e. a troupe with an average age fitting into the 12/U age group but with a 16 year old dancer could not be entered in an age group any lower than 14/U).

Small groups have 4 - 9 dancers, and large groups have 10 or more dancers.

TROUPE SECTIONS

- Jazz
- Broadway Jazz/Musical Comedy
- Tap
- Dancers With Special Needs
- Lyrical
- Classical
- Neo Classical
- Contemporary
- Acro
- Funk/Hip Hop
- · Song & Dance
- Song & Tap
- Open

All Troupes have a time limit of 4 minutes. A two-point deduction will occur if a dance runs over time.



All Vocal sections (excluding Song & Dance and Song & Tap) will be part of our dedicated Singing Nationals event on Tuesday 13th January.

Singers must qualify with a Vocal or Song & Dance solo at a regional competition with a score of 86 or higher to attend Nationals. Once qualified at a regional competition, dancers may enter any amount of solos at Nationals.

Solos are \$85 each. All competitors must pay a **\$70 registration fee** which gives free entry to family members for all dance or singing events except Junior and Senior Galas. The registration fee is only paid once per competitor and covers both Dance and Singing entries.

Trophies are awarded for 1st - 6th place in solos, ribbons are presented for Honourable Mention and Star awards. 4th place only awarded if over 10 competitors in the section.

VOCAL SECTIONS & TIME LIMITS

• Musical Theatre • Ballad • Country • Pop • Disney • Original Solo and Duo/Trio sections are available. Time limit for all Vocal sections (all ages) is 3 mins max.

AGE GROUPS

7 years & under, 10 years & under, 13 years & under, 16 years & under, 17 years & over Age is calculated based on competitor's age on 1st January 2025.

CHAMPION SINGER

Champion Singer entrants must compete in two vocal solo sections at Nationals to be eligible to enter Champion Singer. Winners of the national title for each age group win a trophy, tiara, sash, and the title of National Champion Singer.

Entry to Champion Singer is \$150



PRE-ORDER PROGRAMMES & T-SHIRTS

The competition programme for Nationals will <u>not</u> be available digitally, and <u>must be pre-purchased</u> to collect at the event. Programmes must be pre-ordered, as only a strictly limited number will be for sale during the event. Souvenir 'Nationals 2025' t-shirts will also be available for presale. All Champion Dancer entrants must purchase this t-shirt to be worn in their gala opening number. Only limited quantities and sizes will be available during the event.

To avoid disappointment, pre-order your programme and t-shirt from your fydentry.com account in the Store.

VIP seating

Limited VIP seats will be available to sit in the first two rows of all stages except the gala events. One ticket gets you and one child/dancer into VIP seating areas. Order at www.fydentry.com in the Store for \$30 per ticket (until sold out).

WELCOME TO ADELAIDE

Registration at the Adelaide Convention Centre will begin on 11th January. At this time the FYD merchandise stand will be open for entrants, families, and teachers to collect pre-orders and purchase FYD Nationals merchandise. There's no rush, however! Your pre-ordered t-shirts and programmes will be available for you to collect at any time during the competition.

DANCER WORKSHOPS

Nationals begins with a series of free workshops that all entrants are invited to attend. This is a fun opportunity for dancers to settle in to the venue, meet other competitors from around Australia and New Zealand, and have some fun! Attendees are asked to confirm their attendance by 'purchasing' their free tickets from fydentry.com in the Store.

11th January (Junior: 5/U - 11/U) and 14th January (Senior: 13/U - Masters). Times TBA.



Do you love dance, competing and Follow Your Dreams competitions? Then this is the special section for you!

As our spokesperson you can help at your FYD regional in 2026, and help crown the new FYD Regional Champion Dancers in your state. You will be presented with a sash and the title of FYD Ambassador for 2026.

Create a video introducing yourself and discussing the following:

What you love about dance

Why you dance

What dance does for you and your family

Why you compete

Why you love Follow Your Dreams

Why you would like to be an Ambassador for FYD in 2026

Videos must be designed by the dancer, and can be a maximum of 2 minutes.

Upload to YouTube as an unlisted video and email the link to support@fydentry.com by 1st December 2025.

Kylie will judge videos and Ambassadors will be announced at the Junior and Senior Champion Dancer VIP events. You must attend Nationals in January 2026 to enter.

FYD NATIONALS 2025

AT A GLANCE



SOLOS \$85 each + registration



JUNIORS
Sun 11th - Wed 14th January
Including Solos, Duo/Trios & Troupes



DUOS & TRIOS \$95 per item + registration for all dancers



JUNIOR GALA
Wed 14th January
Including Champion Dancer
& Junior Troupe Showdown



TROUPES \$45 per item + registration for all dancers



SINGING NATIONALSTues 13th January



REGISTRATION \$70 per dancer Paid once per dancer



SENIORSWed 14th - Sat 17th January
Including Solos, Duo/Trios & Troupes



CHAMPION DANCER \$150 *Min. 3 solos to be eligible*



SENIOR GALA
Sat 17th January
Including Champion Dancer
& Junior Troupe Showdown

Enter at www.fydentry.com