

Follow Your Dreams Running Sheet Adelaide 4

Oct 4-5 2025

Venue The Parks Theatre The Parks Recreation and Sports Centre - YMCA

Address: 46 Cowan St, Angle Park SA 5010

Judge Nichole Davis (Vic)

Doors open 30 min before the first section.

* We may start up to 70 minutes ahead of schedule and pride ourselves on punctuality. you can track what we are up to on our home page. Competitors and their families enjoy free entry.

* Upload your music at [www.fydentry.com] under the music tab.

* Remember to bring a backup phone for your music.

* Everyone will receive a free downloadable program via email 4 days before the competition.

* Please note, dressing room space is limited; avoid rolling duffel bags unless you have 3 or more solo entries per studio. FYD merchandise will be available.

* No changes are possible. Your support means the world to us!

Session 1 - Saturday 4th October

9:30am Classical Solo (7 years and under) (2)

9:35am Classical Solo (9 years and under) (5)

9:50am Character Solo (7 years and under) (2)

9:55am Character Solo (9 years and under) (5)

10:10am Contemporary Solo (7 years and under) (3)

10:20am Contemporary Solo (9 years and under) (10)

10:45am Vocal (Any Style) Solo (9 years and under) (3)

10:55am Acro Solo (9 years and under) (3)

11:05am Own Choreography Solo (9 years and under) (1)

11:10am Jazz Solo (5 years and under) (3)

11:20am Jazz Solo (7 years and under) (11)

11:50am Jazz Solo (9 years and under) (11)

12:20pm Jazz (No Tricks) Solo (7 years and under) (1)

12:25pm Break

1:05pm Jazz (No Tricks) Solo (9 years and under) (2)

1:10pm Broadway Jazz / Musical Comedy Solo (5 years and under) (1)

1:15pm Broadway Jazz / Musical Comedy Solo (7 years and under) (5)

1:30pm Broadway Jazz / Musical Comedy Solo (9 years and under) (7)

1:50pm Tap Solo (5 years and under) (1)

1:55pm Tap Solo (7 years and under) (4)

2:05pm Tap Solo (9 years and under) (2)

2:10pm Neo Solo (7 years and under) (1)

2:15pm Neo Solo (9 years and under) (2)

2:20pm Lyrical Solo (5 years and under) (2)

2:25pm Lyrical Solo (7 years and under) (7)

2:45pm Lyrical Solo (9 years and under) (8)

3:05pm Lyrical (No Tricks) Solo (5 years and under) (1)

3:10pm Lyrical (No Tricks) Solo (7 years and under) (2)

3:15pm Song & Dance Solo (7 years and under) (1)

3:20pm Song & Dance Solo (9 years and under) (3)

3:30pm Song & Tap Solo (9 years and under) (2)

3:40pm Funk / Hip Hop Solo (11 years and under) (3)

3:50pm Costume Award (All Ages) (1)

3:55pm Dancers Of All Abilities Solo (7 years and under) (1)

4:00pm Dancers Of All Abilities Solo (9 years and under) (1)

4:05pm Champion Dancer (5 years and under) (1)

4:10pm Champion Dancer (7 years and under) (5)

4:25pm Champion Dancer (9 years and under) (5)

4:40pm Awards. Top 5 soloists and highest Scoring Solos, Champ Dancer results,

5:00pm Classical Solo (15 years and under) (1)

5:05pm Contemporary Solo (15 years and under) (12)

5:40pm Contemporary Solo (Adult) (1)

5:45pm Jazz Solo (15 years and under) (12)

6:20pm Break

7:00pm Jazz (No Tricks) Solo (15 years and under) (2)

7:05pm Broadway Jazz / Musical Comedy Solo (15 years and under) (6)

7:25pm Tap Solo (15 years and under) (4)

7:40pm Lyrical Solo (15 years and under) (12)

8:15pm Lyrical (No Tricks) Solo (15 years and under) (2)

8:20pm Song & Dance Solo (15 years and under) (3)

8:30pm Vocal (Any Style) Solo (15 years and under) (2)

8:35pm Open Solo (15 years and under) (2)

8:40pm Own Choreography Solo (15 years and under) (2)

8:45pm Champion Dancer (15 years and under) (5)

9:00pm Awards. Top 5 soloists and highest Scoring Solos, Champ Dancer results

End of Session

Session 2 - Sunday 5th October

9:30am Classical Solo (11 years and under) (2)

9:35am Character Solo (Open) (1)

9:40am Contemporary Solo (11 years and under) (9)

10:05am Contemporary Solo (13 years and under) (3)

10:15am Contemporary Solo (Open) (4)

10:30am Open Solo (11 years and under) (2)

10:35am Open Solo (13 years and under) (2)

10:40am Open Solo (Open) (1)

10:45am Open Solo (Adult) (1)

10:50am Own Choreography Solo (13 years and under) (1)

10:55am Own Choreography Solo (Open) (1)

11:00am Own Choreography Solo (Adult) (2)

11:05am Dancers Of All Abilities Solo (Open) (1)

11:10am Dancers Of All Abilities Solo (13 years and under) (1)

11:15am Dancers Of All Abilities Solo (Adult) (4)

11:30am Dancers Of All Abilities Duo/Trio (Masters) (1)

11:35am Dancers Of All Abilities Duo/Trio (Adult) (2)

11:40am Dancers Of All Abilities Duo/Trio (Open) (2)

11:45am Jazz Solo (11 years and under) (6)

12:00pm Jazz Solo (13 years and under) (5)

12:15pm Jazz Solo (Open) (3)

12:25pm Break

1:05pm Jazz (No Tricks) Solo (11 years and under) (2)

1:10pm Jazz (No Tricks) Solo (13 years and under) (1)

1:15pm Broadway Jazz / Musical Comedy Solo (11 years and under) (5)

1:30pm Broadway Jazz / Musical Comedy Solo (13 years and under) (3)

1:40pm Broadway Jazz / Musical Comedy Solo (Open) (4)

1:55pm Tap Solo (11 years and under) (3)

2:05pm Tap Solo (13 years and under) (1)

2:10pm Tap Solo (Masters) (1)

2:15pm Lyrical Solo (11 years and under) (5)

2:30pm Lyrical Solo (13 years and under) (6)

2:50pm Lyrical Solo (Open) (5)

3:05pm Lyrical Solo (Masters) (1)

3:10pm Lyrical (No Tricks) Solo (11 years and under) (2)

3:15pm Lyrical (No Tricks) Solo (Open) (1)

3:20pm Song & Dance Solo (11 years and under) (1)

3:25pm Song & Tap Solo (11 years and under) (2)

3:30pm Speed Tap Solo (11 years and under) (1)

Session 2 - Sunday 5th October (continued)

3:35pm Speed Tap Solo (Open) (1)
3:40pm Acro Solo (11 years and under) (2)
3:45pm Acro Solo (Open) (1)
3:50pm Funk / Hip Hop Solo (13 years and under) (3)
4:00pm Commercial Heels Solo (Open) (1)
4:05pm Champion Dancer (11 years and under) (5)
4:20pm Champion Dancer (13 years and under) (4)
4:35pm Champion Dancer (Open) (3)
4:45pm Champion Dancer (Adult) (1)
4:50pm Awards. Top 5 soloists and highest Scoring Solos, Champ Dancer results
5:10pm Parent and Me (Any Style) Duo/Trio (Masters) (1)
5:15pm Tap Small Group (12 years and under) (1)
5:20pm Jazz Large Group (14 years and under) (1)
5:25pm Jazz Duo/Trio (7 years and under) (1)
5:30pm Jazz Duo/Trio (9 years and under) (2)
5:35pm Jazz Duo/Trio (12 years and under) (1)
5:40pm Jazz Duo/Trio (14 years and under) (2)
5:45pm Jazz Duo/Trio (Open) (1)
5:50pm Broadway Jazz Duo/Trio (9 years and under) (1)
5:55pm Contemporary Large Group (14 years and under) (1)
6:00pm Broadway Jazz Duo/Trio (12 years and under) (2)
6:05pm Broadway Jazz Duo/Trio (Open) (2)
6:10pm Tap Duo/Trio (12 years and under) (1)
6:15pm Lyrical Duo/Trio (7 years and under) (1)
6:20pm Lyrical Duo/Trio (9 years and under) (1)
6:25pm Lyrical Duo/Trio (12 years and under) (1)
6:30pm Lyrical Duo/Trio (Open) (1)
6:35pm Song & Dance Duo/Trio (9 years and under) (1)
6:40pm Song & Tap Duo/Trio (7 years and under) (1)
6:45pm Character Duo/Trio (9 years and under) (1)
6:50pm Hip Hop Duo/Trio (12 years and under) (1)
6:55pm Hip Hop Duo/Trio (Open) (1)
7:00pm Own Choreography Duo/Trio (14 years and under) (1)