## Follow Your Dreams Running Sheet Canberra 3

Oct 4-5 2025

Lake Tuggeranong College Cowlishaw Street Tuggeranong ACT 2901 Judge Jason Teasdale

Doors open 30 min before the first section.

Please note there is a church group in on Sunday morning hence the late start time on Sunday please dont come early we will not open till 1.30pm

\* We may start up to 70 minutes ahead of schedule and pride ourselves on punctuality. you can track what we are up to on our home page. Competitors and their families enjoy free entry.

\* Upload your music at [www.fydentry.com] under the music tab.

\* Remember to bring a backup phone for your music.

\* Everyone will receive a free downloadable program via email 4 days before the competition.

\* Please note, dressing room space is limited; avoid rolling duffel bags unless you have 3 or more solo entries per studio. FYD merchandise will be available.

\* No changes are possible. Your support means the world to us!

## Session 1 - Saturday 4th October 4:25pm Lyrical Duo/Trio (12 years and under) (1) 8:30am Classical Solo (5 years and under) (1) 4:30pm Jazz Duo/Trio (12 years and under) (1) 8:35am Classical Solo (7 years and under) (2) 4:35pm Jazz Duo/Trio (9 years and under) (1) 8:40am Classical Solo (9 years and under) (7) 4:40pm Lyrical Duo/Trio (9 years and under) (1) 9:00am Classical Solo (11 years and under) (4) 4:45pm Champion Dancer (5 years and under) (1) 9:10am Character Solo (7 years and under) (2) 4:50pm Champion Dancer (7 years and under) (3) 9:15am Character Solo (9 years and under) (4) 5:00pm Champion Dancer (9 years and under) (7) 9:25am Character Solo (11 years and under) (2) 5:20pm Champion Dancer (11 years and under) (8) 5:40pm Awards, Champ Dancer results, Top5 scoring soloists and judges awards 9:30am Contemporary Solo (9 years and under) (3) 9:40am Contemporary Solo (11 years and under) (6) 6:00pm Contemporary Solo (Open) (9) 9:55am Vocal (Any Style) Solo (11 years and under) (2) 6:30pm Contemporary Solo (Adult) (1) 10:00am Speed Tap Solo (9 years and under) (1) 6:35pm Open Solo (Open) (2) 10:05am Slow Tap Solo (9 years and under) (1) 6:40pm Own Choreography Solo (Open) (6) 10:10am Open Solo (7 years and under) (1) 7:00pm Break 7:30pm Jazz Solo (Open) (2) 10:15am Open Solo (9 years and under) (2) 7:35pm Jazz (No Tricks) Solo (Open) (3) 10:20am Open Solo (11 years and under) (3) 10:30am Acro Solo (7 years and under) (2) 7:45pm Broadway Jazz / Musical Comedy Solo (Open) (3) 10:35am Acro Solo (11 years and under) (1) 7:55pm Broadway Jazz / Musical Comedy Solo (Masters) (1) 10:40am Own Choreography Solo (7 years and under) (1) 8:00pm Tap Solo (Open) (1) 10:45am Own Choreography Solo (9 years and under) (2) 8:05pm Neo Solo (Adult) (1) 10:50am Own Choreography Solo (11 years and under) (2) 8:10pm Lyrical Solo (Open) (2) 10:55am Jazz Solo (5 years and under) (1) 8:15pm Lyrical Solo (Adult) (1) 11:00am Jazz Solo (7 years and under) (3) 8:20pm Lyrical Solo (Masters) (1) 11:10am Jazz Solo (9 years and under) (7) 8:25pm Lyrical (No Tricks) Solo (Open) (5) 11:30am Jazz Solo (11 years and under) (11) 8:40pm Acro Solo (Open) (2) 12:00pm Break 8:45pm Funk / Hip Hop Solo (Open) (4) 12:40pm Jazz (No Tricks) Solo (9 years and under) (2) 9:00pm Funk / Hip Hop Solo (Masters) (1) 12:45pm Jazz (No Tricks) Solo (11 years and under) (7) 9:05pm Own Choreography Solo (Adult) (1) 1:05pm Broadway Jazz / Musical Comedy Solo (7 years and under) (1) 9:10pm Champion Dancer (Open) (8) 1:10pm Broadway Jazz / Musical Comedy Solo (9 years and under) (7) 9:35pm Champion Dancer (Adult) (1) 1:30pm Broadway Jazz / Musical Comedy Solo (11 years and under) (8) 9:40pm Champion Dancer (Masters) (1) 1:50pm Tap Solo (9 years and under) (2) **End of Session** 1:55pm Tap Solo (11 years and under) (1) 2:00pm Neo Solo (7 years and under) (1) Session 2 - Sunday 5th October 2:05pm Neo Solo (11 years and under) (1) 2:00pm Jazz Duo/Trio (14 years and under) (2) 2:05pm Jazz Duo/Trio (Masters) (1) 2:10pm Lyrical Solo (5 years and under) (1) 2:15pm Lyrical Solo (7 years and under) (3) 2:10pm Tap Duo/Trio (14 years and under) (2) 2:25pm Lyrical Solo (9 years and under) (7) 2:15pm Lyrical Duo/Trio (Open) (1) 2:20pm Open Duo/Trio (Masters) (1) 2:45pm Lyrical Solo (11 years and under) (7) 3:05pm Lyrical (No Tricks) Solo (9 years and under) (3) 2:25pm Classical Solo (13 years and under) (7) 3:15pm Lyrical (No Tricks) Solo (11 years and under) (3) 2:45pm Classical Solo (15 years and under) (3) 3:25pm Song & Dance Solo (9 years and under) (1) 2:55pm Character Solo (13 years and under) (1) 3:30pm Song & Dance Solo (11 years and under) (4) 3:00pm Character Solo (15 years and under) (1) 3:40pm Funk / Hip Hop Solo (7 years and under) (1) 3:05pm Contemporary Solo (13 years and under) (8) 3:45pm Funk / Hip Hop Solo (9 years and under) (5) 3:30pm Contemporary Solo (15 years and under) (5) 4:00pm Funk / Hip Hop Solo (11 years and under) (6) 3:45pm Vocal (Any Style) Solo (13 years and under) (1)

3:50pm Speed Tap Solo (13 years and under) (1)

3:55pm Jazz Solo (13 years and under) (6)

4:15pm Costume Award (All Ages) (2)

4:20pm Tap Duo/Trio (12 years and under) (1)

## Session 2 - Sunday 5th October (continued)

- 4:15pm Jazz Solo (15 years and under) (5)
- 4:30pm Jazz (No Tricks) Solo (13 years and under) (3)
- 4:40pm Jazz (No Tricks) Solo (15 years and under) (2)
- 4:45pm Broadway Jazz / Musical Comedy Solo (13 years and under) (6)
- 5:05pm Broadway Jazz / Musical Comedy Solo (15 years and under) (8)
- 5:30pm Tap Solo (13 years and under) (2)
- 5:35pm Tap Solo (15 years and under) (4)
- 5:50pm Lyrical Solo (13 years and under) (9)
- 6:20pm Lyrical Solo (15 years and under) (6)
- 6:40pm Lyrical (No Tricks) Solo (13 years and under) (1)
- 6:45pm Lyrical (No Tricks) Solo (15 years and under) (4)
- 7:00pm Song & Dance Solo (15 years and under) (1)
- 7:05pm Waltz Tap Solo (13 years and under) (1)
- 7:10pm Open Solo (15 years and under) (3)
- 7:20pm Acro Solo (13 years and under) (4)
- 7:35pm Acro Solo (15 years and under) (2)
- 7:40pm Funk / Hip Hop Solo (13 years and under) (4)
- 7:55pm Funk / Hip Hop Solo (15 years and under) (2)
- 8:00pm Own Choreography Solo (13 years and under) (1)
- 8:05pm Own Choreography Solo (15 years and under) (1)
- 8:10pm Champion Dancer (13 years and under) (4)
- 8:25pm Champion Dancer (15 years and under) (6)
- 8:45pm Awards Champ Results, Highest point scorers