

Follow Your Dreams Running Sheet Adelaide 1 2026

April 17-18

Golden Grove Arts Centre

Judge Allecia Duncombe

Doors open 30 min before the first section

* We may start up to 70 minutes ahead of schedule and pride ourselves on punctuality. you can track what we are up to on our home page. Competitors and their families enjoy free entry.

* Upload your music at www.fydentry.com under the music tab.

* Remember to bring a backup phone for your music.

* Everyone will receive a free downloadable program via email 4 days before the competition.

* Please note, dressing room space is limited; avoid rolling duffel bags unless you have 3 or more solo entries per studio. FYD merchandise will be available.

* No changes are possible. Your support means the world to us!

Session 1 - Friday 17th April

10:00am Classical Solo (7 years and under) (2)
10:05am Classical Solo (9 years and under) (2)
10:10am Classical Solo (11 years and under) (3)
10:20am Character Solo (9 years and under) (2)
10:25am Character Solo (11 years and under) (3)
10:35am Contemporary Solo (9 years and under) (6)
10:50am Contemporary Solo (11 years and under) (10)
11:15am Vocal (Any Style) Solo (9 years and under) (3)
11:25am Own Choreography Solo (9 years and under) (1)
11:30am Additional Needs Solo (9 years and under) (1)
11:40am Jazz Solo (9 years and under) (4)
11:50am Jazz Solo (7 years and under) (1)
11:55am Jazz Solo (11 years and under) (14)
12:30pm Jazz (No Tricks) Solo (5 years and under) (1)
12:35pm Jazz (No Tricks) Solo (7 years and under) (1)
12:40pm Jazz (No Tricks) Solo (9 years and under) (1)

12:45pm Break

1:25pm Jazz (No Tricks) Solo (11 years and under) (1)
1:30pm Broadway Jazz / Musical Comedy Solo (5 years and under) (1)
1:35pm Broadway Jazz / Musical Comedy Solo (7 years and under) (1)
1:40pm Broadway Jazz / Musical Comedy Solo (9 years and under) (6)
1:55pm Broadway Jazz / Musical Comedy Solo (11 years and under) (6)
2:10pm Tap Solo (7 years and under) (1)
2:15pm Tap Solo (9 years and under) (1)
2:20pm Tap Solo (11 years and under) (1)
2:25pm Neo Solo (9 years and under) (1)
2:30pm Lyrical Solo (7 years and under) (1)
2:35pm Lyrical Solo (9 years and under) (2)
2:40pm Lyrical Solo (11 years and under) (9)
3:10pm Lyrical (No Tricks) Solo (9 years and under) (3)
3:20pm Lyrical (No Tricks) Solo (11 years and under) (1)
3:25pm Song & Dance Solo (5 years and under) (1)
3:30pm Song & Dance Solo (9 years and under) (2)
3:35pm Song & Tap Solo (9 years and under) (2)
3:40pm Acro Solo (7 years and under) (1)
3:45pm Acro Solo (11 years and under) (4)
3:55pm Funk / Hip Hop Solo (9 years and under) (1)
4:00pm Funk / Hip Hop Solo (11 years and under) (2)

4:05pm Break

4:20pm Champion Dancer (5 years and under) (1)
4:25pm Champion Dancer (9 years and under) (2)
4:30pm Champion Dancer (11 years and under) (8)
4:50pm Awards. Top 5 soloists and highest Scoring Solos, Champ Dancer results,
5:10pm Jazz Duo/Trio (12 years and under) (2)
5:15pm Jazz Duo/Trio (Open) (3)
5:25pm Broadway Jazz Duo/Trio (14 years and under) (1)
5:30pm Broadway Jazz Duo/Trio (Open) (1)
5:35pm Tap Duo/Trio (Open) (2)
5:40pm Neo Classical Duo/Trio (Open) (1)
5:45pm Lyrical Duo/Trio (12 years and under) (1)

5:50pm Lyrical Duo/Trio (Open) (1)
5:55pm Contemporary Duo/Trio (12 years and under) (2)
6:00pm Contemporary Duo/Trio (Open) (1)
6:05pm Acro Duo/Trio (Open) (1)
6:10pm Hip Hop Duo/Trio (14 years and under) (1)
6:15pm Hip Hop Duo/Trio (Open) (1)
6:20pm Parent and Me (Any Style) Duo/Trio (Masters) (1)

End of Session

Session 2 - Saturday 18th April

9:00am Classical Solo (13 years and under) (1)
9:05am Classical Solo (Open) (1)
9:10am Song & Dance Small Group (12 years and under) (1)
9:15am Character Solo (15 years and under) (1)
9:20am Character Solo (Open) (1)
9:25am Contemporary Large Group (12 years and under) (1)
9:30am Contemporary Solo (13 years and under) (14)
10:15am Contemporary Solo (15 years and under) (9)
10:45am Contemporary Solo (Open) (3)
10:55am Contemporary Solo (Adult) (1)
11:00am Contemporary Small Group (16 years and under/Open) (2)
11:10am Speed Tap Solo (13 years and under) (1)
11:15am Slow Tap Solo (13 years and under) (1)
11:20am Open Solo (13 years and under) (5)
11:35am Lyrical Large Group/Lyrical Small Group (12 years and under) (2)
11:45am Open Solo (15 years and under) (2)
11:50am Open Solo (Open) (2)
11:55am Runway Active Wear Solo (15 years and under) (1)
12:00pm Jazz Solo (13 years and under) (13)
12:40pm Jazz Solo (15 years and under) (6)
1:00pm Jazz Solo (Open) (4)

1:15pm Break

1:55pm Jazz Large Group/Jazz Small Group (12 years and under) (2)
2:05pm Jazz (No Tricks) Solo (13 years and under) (1)
2:10pm Jazz (No Tricks) Solo (15 years and under) (2)
2:15pm Broadway Jazz / Musical Comedy Solo (13 years and under) (12)
2:50pm Broadway Jazz / Musical Comedy Solo (15 years and under) (3)
3:00pm Broadway Jazz / Musical Comedy Solo (Open) (3)
3:10pm Jazz Small Group (16 years and under/Open) (2)
3:20pm Tap Solo (13 years and under) (1)
3:25pm Tap Solo (Open) (1)
3:30pm Neo Solo (13 years and under) (1)
3:35pm Broadway Jazz Small Group (Open) (1)
3:40pm Lyrical Solo (13 years and under) (10)
4:10pm Lyrical Solo (15 years and under) (7)
4:30pm Funk / Hip Hop Small Group (Open) (1)
4:35pm Lyrical Solo (Open) (4)
4:50pm Lyrical Solo (Adult) (1)
4:55pm Lyrical (No Tricks) Solo (13 years and under) (3)
5:05pm Song & Dance Solo (13 years and under) (1)
5:10pm Song & Dance Solo (Open) (2)

Session 2 - Saturday 18th April (continued)

5:15pm Acro Solo (13 years and under) (1)
5:20pm Funk / Hip Hop Solo (13 years and under) (3)
5:30pm Funk / Hip Hop Solo (15 years and under) (1)
5:35pm Own Choreography Solo (13 years and under) (1)
5:40pm Own Choreography Solo (Adult) (1)
5:45pm Acro Small Group (Open) (1)
5:50pm Tap Small Group (12 years and under) (1)
5:55pm Champion Dancer (13 years and under) (10)
6:25pm Tap Small Group (Open) (1)
6:30pm Champion Dancer (15 years and under) (2)
6:35pm Open Large Group (16 years and under) (1)
6:40pm Champion Dancer (Open) (3)
6:50pm Lyrical Small Group (Open) (1)
6:55pm Champion Dancer (Adult) (1)
7:00pm Awards; Highest scoring Troupe, Judges awards, Champion Dancer results,
Top5 scoring Soloists and highest scoring soloists